



Psychology Internship/Training Program 2021 Brochure

***For Bachelor Students, 12th Pass and Psychology Enthusiasts**

MODULE 1 – BASICS OF COUNSELLING

- Introduction to Counselling
- Core principles of Counselling
- Ethics of Counselling
- Mental Status Examination
- Case History Taking using real case examples.
- Understanding the importance of therapeutic alliance.
- What is Psychoeducation

MODULE 2 – Overall Personality Development

- Introduction to development of personality
- Key features to personality development
- DO's and DON'T's of personality development
- Communication skills
- Personality Etiquettes – workplace etiquettes
- Team building skills through various activities

MODULE 3 – CHILD PSYCHOLOGY

- What is child psychology?
- Learning about common neurodevelopmental disorders
 - Autism
 - ADHD
 - Learning Disability
 - Down Syndrome
 - Cerebral Palsy
- Understanding about Applied Behavioural Analysis
- Behavioural modification/counselling through Role Plays
- Special Education Highlights

MODULE 4 - SOCIAL-EMOTIONAL LEARNING

- Introduction to social-emotional learning
- Understanding of social-emotional issues in children, adolescent and adults.
- What is emotional resilience? How to practice it?
- Wheel of emotions

Duration: 60 hours

Commencement: As per Mutual Consent

Timings: 12:00 pm – 04:00 pm

Schedules will be shared after registration.

Please note*- Requests for refunds will not be entertained.



Minds Healer