

# Psychology Internship/Training Program 2021 Brochure

\*For Bachelor Students, 12<sup>th</sup> Pass and Psychology Enthusiasts

## MODULE 1 - BASICS OF COUNSELLING

- Introduction to Counselling
- Core principles of Counselling
- Ethics of Counselling
- Mental Status Examination
- Case History Taking using real case examples.
- Understanding the importance of therapeutic alliance.
- What is Psychoeducation

### MODULE 2 – Overall Personality Development

- Introduction to development of personality
- Key features to personality development
- DO's and DON'T's of personality development
- Communication skills
- Personality Etiquettes workplace etiquettes
- Team building skills through various activities

### MODULE 3 – CHILD PSYCHOLOGY

- What is child psychology?
- Learning about common neurodevelopmental disorders -Autism
  - -ADHD
  - -Learning Disability
  - -Down Syndrome
  - -Cerebral Palsy
- Understanding about Applied Behavioural Analysis
- Behavioural modification/counselling through Role Plays
- Special Education Highlights

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### MODULE 4 - SOCIAL-EMOTIONAL LEARNING

- Introduction to social-emotional learning
- Understanding of social-emotional issues in children, adolescent and adults.
- What is emotional resilience? How to practice it?
- Wheel of emotions

Duration Date: 24<sup>th</sup> July 2021 – 15<sup>th</sup> August 2021 Weekend Classes Only with Limited Slots Timings: 12:00 pm – 04:00 pm Schedules will be shared after registration. Please note\*- Requests for refunds will not be entertained.

# Minds Healer